

# Adventure 5: Expand your comfort zone

## Schedule

**Sunday, September 11, 2016**

- 10:05 a.m. Ferry leaves Horseshoe Bay Ferry Terminal
- 10:25 a.m. Arrive Snug Cove, Bowen Island
- 10:25 – 11:00 a.m. Welcome/Orientation
- 11:00 – 1:30 p.m. “Outdoor” Adventure - Rappelling and/or Slacklining**
- 1:30 – 3:30 p.m. Outdoor Picnic
- 3:30 – 5:30 p.m. “Inner” Workshop - Clothing Optional Beach**
- 6:20 p.m. Ferry leaves Bowen Island
- 6:40 p.m. Arrive Horseshoe Bay

